



Flow of the Spirit Newsletter

Fall, 2009

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A Message from Robert

By Rev. Robert Test DD

INSIDE THIS ISSUE

- 1 A Message from Robert
- 3 Events at Flow of the Spirit
 - Weekly
 - October
 - November
 - December
- 4 The Last Word

In “A Course in Miracles” class facilitated by Judy Sumrell several weeks ago, the phrase came up “There is nothing outside of you.” This statement had a huge impact on me and set me to thinking. The world that I see and all of the events I experience in my world are really happening within me and are created by me!

I recently remembered a statement by Lou Tice from a workshop we attended more than twenty years ago: “All meaningful and lasting change takes place first on the inside and then shows itself on the outside of our experience.” Robert Scheinfeld in his book “Busting Loose from the Money Game” says that our life experiences are like a movie production that we write, direct, hire all the actors, and then star in ourselves. The projector is our consciousness projecting itself into the world around us and we think it is real. It is just our beliefs playing out in front of us.

To cap all of this off, the new book by Joe Vitale, “Zero Limits” came into my life last week. Joe wrote “Zero Limits” to describe the work of Dr. Ihaleakala Hew Len and the miraculous healings that were experienced through Dr. Len in a mental hospital for the criminally insane in Hawaii. Dr. Len’s work begins with six insights. The first is: “The physical universe is an actualization of my thoughts,” the fourth one is: “I am 100% responsible for creating my physical universe the way it is,” and the sixth is: “There is no such thing as out there. Everything exists as thoughts in my mind.” *

After much thought and prayer over these last few weeks, I realize now, that I am truly “master of my fate and captain of my soul.” Everything I see and experience is an out picturing (a projection) of my true beliefs and thoughts. The present state of the economy and its impact upon me is my creation. People that are rude to me or impolite to me are my creation. Whether I like or dislike the present administration, they are part of my creation. Events and situations that have upset me are part of my creation. Everything I experience in my outside world is a reflection of my beliefs on the inside.

*Flow of the Spirit Church
is a Christ centered,
Independent Church.
We seek to accept each
other for who we are and
together continually
strive toward our
spiritual unfoldment. We
are here only to express
our true nature which is
LOVE*

A Message from Robert - continued

These thoughts have helped me to realize that there is truly nothing “out there.” We read this, talk about it, hear it, but until we get it and truly experience it, we continue to blame other people, events, circumstances, political parties, family etc., etc., etc., for our problems. Everything in our life is self generated within our own beliefs and thought system and then projected into the outside world. Everything, everyone, every event, every win, every problem, is a reflection of our belief system, not a random event generated by the universe that seems to bump into us and impact our world.

Since this conversation is about a spiritual phenomenon and not a physical world issue, any solution to the problems must be addressed in spiritual terms. A Course in Miracles shares with us that there are only two states of being, love or fear. Love is the domain of the spiritual world and fear is the domain of the material world. Since there are no problems in the spiritual world, then all of the problems we experience in our physical world must come from our memories of the physical world, beliefs learned in the physical world and experiences in the physical world that are stored as memories and impressed upon our mind as reality and then projected again into our outer world through the subconscious aspect of mind. So, we are constantly creating (we are co-creators) either the stored subconscious realities of the physical world or the Divine patterns of love, joy, abundance and harmony available to us through the Christ mind into our outside world of experience.

Since most of us want to manifest only the Divine gifts in our lives, we then must clean up and neutralize the patterns we’ve stored in memory that we’ve learned from the physical world. This cleaning up process comes through all of the methodologies we are learning in the classes, messages, books and movies we have been showing. Jesus said, “Judge not lest ye be judged.” A Course in Miracles says “forgiveness” of self and others is the path back to salvation. Eckhart Tolle says learning to live in the “now” is the key to contacting the Divine. Joel Goldsmith, Parmahansa Yogananda, and others extol the benefits and power of daily meditation in becoming aware of the Oneness in the Universe.

All of these modalities share the need for surrender of all aspects of our lives, seeking forgiveness for our own conduct in life, extending forgiveness to all others in life, and humbly seeking guidance from Holy Spirit for all areas of our lives. These requirements need to be met daily and consistently in our lives for the old memories to be neutralized (burned out) and the Divine patterns to continue manifesting in our lives. This Divine Journey is the story of the Prodigal Son. The Father is waiting for us to return. Will you join me in the journey of trusting only the Divine in our lives so that we manifest only the gifts of the Spirit of joy, peace and harmony in our lives?

Blessings,

Rev. Robert

* Purchase Joe Vitale’s book for the other insights.

Events at Flow of the Spirit

Weekly:

Sundays, 4:30 - 6:00 p.m. *The Power of Now* Study Group in the Dome Chapel, Van Alstyne. Rev. Madelyn Test is facilitating a study group into the book *The Power of Now* by Eckhart Tolle. This book expands on numerous ideas to help us transcend our ego based state of consciousness and experience the presence with personal happiness and joy. You can enter and/or leave the class at anytime in the year.

Wednesdays, 5:00 - 6:30 p.m. *A Course in Miracles* Study Group in the Dome Chapel, Van Alstyne. Judy Sumrell is the facilitator. She has over 20 years experience with this spiritual classic. *A Course in Miracles* is a year-long curriculum that is targeted at removing the blocks to awareness of Love's presence, which is the natural inheritance as a child of God. It is a series of daily lessons that is designed to return the individual to a spiritual awareness of God's presence in all things. You can enter and/or leave the class at anytime in the year.

Wednesdays, 8:00 - 9:00 p.m. at Dr. Ingalls' house in Dallas. Rev. Ingalls has been holding this Wednesday night *Joel Goldsmith* Study Group for more than 25 years at his home near North Park Mall in Dallas. Literally hundreds of people have experienced enhanced spiritual awareness through this group as well as other phases of Rev. Ingalls' ministry. The group studies from different *Goldsmith* books and letters throughout the year. Call Rev. Ingalls at (214) 361-2215 for more information and/or directions.



A surprise summer visitor with the Rev. at the Flow of the Spirit Center

OCTOBER 2009

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DECEMBER 2009

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October, 2009

Sunday, October 4: Annual Meeting and Potluck lunch immediately following church service. Thanksgiving “Food Collection Drive” kick-off for our local community. Drop your can goods and imperishable items off at the FOS Spiritual Center through Sunday, November 22.

Saturday, October 10: Movie Night and Potluck. We’ll be watching Neale Donald Walsch’s (author of the Conversations with God series) new movie “*God’s Latest Scribe*.” The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

Saturday, October 31: 10:00 a.m. to 2:30 p.m. A workshop on “Intuition, Making it Simple.” How to use your intuition when making decisions and is this thought really from me or am I picking it up from somewhere else. Get to know yourself even better!!! Love Offering Basis.

November, 2009

Sunday, November 8: Rev. Madelyn Test, Flow of the Spirit’s Co-Minister, will be conducting the 10:30 a.m. Worship Service.

Saturday, November 14: Movie Night and Potluck. We’ll be watching Michael Beckwith’s new movie “*Spiritual Liberation*.” Experience a day in the life of Rev. Beckwith and witness how he lives his own teachings. The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

Thursday, November 26: Happy Thanksgiving

December, 2009

Saturday, December 5: Movie Night and Potluck. We’ll be watching “The Shadow Effect.” This is Debbie Ford’s (in the SECRET) new movie, (her claim) a journey from your darkest thought to your greatest dream. The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

Sunday, December 13: Board Meeting 1:00 - 3:00.

Friday, December 25: Merry Christmas

Thursday, December 31: New Year’s Eve Potluck Dinner and Candlelight Ceremony beginning at 6:30pm. Join Dr. Ingalls in a traditional Communion Service in the Dome Chapel followed by dinner at 7:00. After our usual, delicious and outstanding meal, we’ll be letting go of the past and bringing in a bright and happy future as the New Year is close at hand.

In the movie queue for upcoming months:

“*Spirit Space*” “*Indigo*” “*Ancient Mysteries*” “*Quantum Astrology*”

The Last Word

By Rev. Madelyn Test

Thank you, Thank you, Thank you...

So many wonderful things are happening here at Flow of the Spirit Church. We have had so many special blessings the last several months and wanted you to be aware of them. We have a newly elected “Board of Directors” whose picture you can see on our website. Robert and I are truly elated about the coherency we are feeling among them.

We send lots of gratitude and blessings for our new ceiling to Ron and Becky. Our movie nights are much more focused, we can now look at the TV instead of staring at the ceiling. We thank Zelma for the endless amounts of special gifts she constantly brings to make everyone more comfortable. The Durning House went out of their way to sponsor our last board meeting in their delightful facilities. Thank you Brenda and Shery. Vince did a great job in lining and filling in our flower beds. Many people commented on how nice it looks. Thanks, Vince, for the visual effect you have given the church. Mike Piper contributed as well with visual effects and his tedious pressure washing of the entire porch around the Center. Thanks, Mike, for your persistence.

We are also very thankful for all the different ways that Rev. Paul and Joan Ingalls, Don and Judy Sumrell and Jacqui Whitfield have shared and given to the church in the past as board members and loyal church members. We wish them blessings in their new locations and endeavors.

We look forward to the new fiscal year and the growth and changes that are occurring. We are so thankful for each and every one of you, for with you, Flow of the Spirit Church is possible.

*Hugs,
Madelyn*

*Thank you Dear God for Your divine inspiration as I listen and
trust in You more and more and more each day...*

Thank you for your wonderful support of Flow of the Spirit Church. Your prayers and contributions are greatly appreciated. The church is flourishing and growing and we give thanks for the evidence of Spirit in our lives each day.
