



# Flow of the Spirit Newsletter

Winter, 2010

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## A Message from Robert

By Rev. Robert Test DD

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Here we are again celebrating the holidays. Merry Christmas and Happy New Year to all of you. What a wonderful blessed time of year.



The symbology of the birth of Christ into our individual lives and then the opportunity to start a new year full of joy, hope, abundance and happiness are wonderful metaphors for leading a prosperous and loving life.

At our New Year's Celebration held on New Years Eve, Dr. Ingalls, our founding minister, starts the process by holding a conventional communion service in the dome at 6:30pm. At 7:00pm we sit down in community and share the famous pot luck dinner that Spirit always provides for us. After dinner at approximately 8:30pm, we hold our traditional "Burning Bowl Ceremony" where we write down all of those things that we want to leave behind us in the past year and burn the paper in the burning bowl symbolizing that act of release. Last in the evening (approximately 10:00pm) we spend time in meditation and look at the New Year and all of the new attitudes, beliefs, and gifts we wish to create in our future and then light a candle to signify our new life in 2010.

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*Flow of the Spirit Church  
is a Christ centered,  
Independent Church.  
We seek to accept each  
other for who we are and  
together continually  
strive toward our  
spiritual unfoldment. We  
are here only to express  
our true nature which is  
LOVE*

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## A Message from Robert - continued

We are usually done by 11:00pm giving everyone plenty of time to get safely home before midnight. Come join with us for this special event.

Also, please notice on our calendar page that Rev. Madelyn Test is scheduled to share with us her wonderful messages on the last Sunday of each month beginning Sunday, December 27, 2009. Madelyn always brings a message of joy, hope and love.

In conclusion, Ron Barton has taken a lot of effort and time to set us up on a special internet website called meetup.com. Our presence here makes us visible to any one that is looking for a spiritually oriented group. Please sign up as a member of this site ([www.meetup.com](http://www.meetup.com)). In this case, numbers do count and your presence will add to the credibility of our community. Ron is currently acting as administrator and has the site set up to send you notification of all our events. Thank you, Ron, for the blessing you are to all of us.

Thank you all so much for your contribution to our church family. We look forward to a wonderful, prosperous, healthy New Year 2010.

Blessings,

*Rev. Robert*

## Events at Flow of the Spirit

### Weekly:

**Sundays, 4:30 - 6:00 p.m.** *The Power of Now* Study Group in the Dome Chapel, Van Alstyne. Rev. Madelyn Test is facilitating a study group into the book *The Power of Now* by Eckhart Tolle. This book expands on numerous ideas to help us transcend our ego based state of consciousness and experience the presence with personal happiness and joy. You can enter and/or leave the class at anytime in the year.

**Wednesdays, 5:00 - 6:30 p.m.** *A Course in Miracles* Study Group in the Dome Chapel, Van Alstyne. Judy Sumrell is the facilitator. She has over 20 years experience with this spiritual classic. *A Course in Miracles* is a year-long curriculum that is targeted at removing the blocks to awareness of Love's presence, which is the natural inheritance as a child of God. It is a series of daily lessons that is designed to return the individual to a spiritual awareness of God's presence in all things. You can enter and/or leave the class at anytime in the year.

**Wednesdays, 8:00 - 9:00 p.m.** at Dr. Ingalls' house in Dallas. Rev. Ingalls has been holding this Wednesday night *Joel Goldsmith* Study Group for more than 25 years at his home near North Park Mall in Dallas. Literally hundreds of people have experienced enhanced spiritual awareness through this group as well as other phases of Rev. Ingalls' ministry. The group studies from different *Goldsmith* books and letters throughout the year. Call Rev. Ingalls at (214) 361-2215 for more information and/or directions.



Flow of the Spirit Church Food Drive - November, 2009 - Robert delivering some of the canned goods to local town food bank.

## JANUARY 2010

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## FEBRUARY 2010

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28						

## MARCH 2010

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28	29	30	31			

## January, 2010

**Saturday, January 9:** Movie Night and Potluck. We'll be watching "Living Luminaries - on The Serious Business of Happiness." This is a powerful new motion picture. Some who appear in it are: Eckhart Tolle, Marianne Williamson, Don Miguel Ruiz, Gary Renard, Michael Beckwith and many others. The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

**Saturday, January 16:** Intuition+ Workshop - This will be a continuation of the workshop held in October with new ideas, new activities and new ways to know you even better!!! No prior workshop needed to attend this one. Everyone welcome! 10:00-2:30 (Bring a sack lunch.) Love Offering Basis.

**Sunday, January 31:** Rev. Madelyn Test, Flow of the Spirit's Co- Minister, will be conducting the 10:30 a.m. Worship Service.

## February, 2010

**Saturday, February 6:** Movie Night and Potluck. Movie to be announced. The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

**Saturday, February 27:** We'll be holding "A Healing Medley." This will be a day dedicated toward all types of healing modalities. Come join in and see if any are right for you. Join in at various locations at the church and enjoy a demonstration for yourself. Love Offering Basis.

**Sunday, February 28:** Rev. Madelyn Test, Flow of the Spirit's Co- Minister, will be conducting the 10:30 a.m. Worship Service.

## March, 2010

**Saturday, March 6:** Board Meeting at 3:00 p.m. Movie Night and Potluck. Movie to be announced. The potluck begins at 5:30 p.m. The movie begins at 7:00 p.m. Come join us for another joyful evening.

**Saturday, March 20:** 10:00 a.m. to 2:30 p.m. A workshop will be held called "Zentangle." Alice Waterman will be showing us how to do this easy to learn method of creating beautiful images from repetitive patterns. A new art form that is fun and relaxing. Look up Zentangle on the web. **RSVP** please so Alice can bring enough supplies for us. Call the church at (903) 482-6417 (Bring a sack lunch.) Love offering basis.

**Sunday, March 28:** Rev. Madelyn Test, Flow of the Spirit's Co- Minister, will be conducting the 10:30 a.m. Worship Service.

**Some movies in our movie night queue for upcoming months:**

*Living Luminaries, Fierce Grace, Quantum Activist, Indigo, Down the Rabbit Hole (What the Bleep cont'd), Peaceful Warrior, etc.*

## The Last Word

By Rev. Madelyn Test

2010 is almost upon us. This coming year to me, is a year of trust, faith and belief.

With everything happening in our outside world that our ego's really want us to believe, it is of the utmost importance to travel within, more and more of our time.

I just happen to open Dan Brown's new book "The Lost Symbol" and read this paragraph from page 502: "The great irony is that all the religions of the world, for centuries, have been urging their followers to embrace the concepts of *faith* and *belief*. Now science, which for centuries has derided religion as superstition, must admit that its next big frontier is quite literally the science of *faith* and *belief*. . . the power of focused conviction and intention. The same science that eroded our faith in the miraculous is now building a bridge back across the chasm it created."

Wow, I've been hearing this more and more recently. Sounds so right on, just have a little faith and believe it for yourself. W-e-l-l, how about all of us doing this in 2010. Let's have complete and total trust that Spirit can work everything good out for us in our lives, all we have to do is give up anything that feels contrary to this belief, and feelings of gratitude for everything that happens, and that means everything...

I claim that right of joy, peace, health, abundance, as a child of God, completely, totally, right now today and forever.

May this next year bring you all that you have ever dreamed of, and much, much more.

Hugs,  
Madelyn

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*Thank you for your wonderful support of Flow of the Spirit Church. Your prayers and contributions are greatly appreciated. The church is flourishing and growing and we give thanks for the evidence of Spirit in our lives each day.*

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Thank you Dear God for Your divine inspiration  
as I listen and trust in You more and more...